

Amos Ziv, M.Sc , L.Ac, Resume

Personal Information

- Name : Amos Ziv
- Date of birth: 18-January-1968.
- Address: 7 Ruppin St. Rehovot 7634507, Israel.
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- Web: <https://www.waveacupuncture1.com>
- California Acupuncture Board Licensed Acupuncturist (# 7724)

Academic Degrees:

- **M.Sc. 1999** - Masters of Science in Traditional Chinese Medicine, American College of traditional Chinese Medicine, California, USA.
- **B.Sc. 1995 – Biology** - Bachelors of Science in Biology, Faculty of Life Sciences, Ben Gurion University, Israel

Occupation

- 2015 – 2021 CEO – CardiaCare (<https://my-cardiacare.com>)
- 2014 – 2015 Cofounder and Chairman of SIRF : Sino-Israeli Research Foundation
- 2008 – 2013 Head of Research Unit, Shiram– Integrated Medicine Services, Asaf Harofeh Medical Center ,Zerifin, Israel.
- 2001 – 2021 Owner and Manager – Heaven & Earth Integrated Medicine Specialty Clinic

Major topics of interest and experience

- Channel theory-based Acupuncture – practical applications
- Acupuncture and Chinese Herbal Medicine for treatment and prevention of paroxysmal atrial fibrillation, supraventricular tachycardia and bradycardia and APC's.
- Chinese Herbal Medicine treatments for Aortic Stenosis and Aortic regurgitation associated heart failure
- Herb Drug interactions and integration
- Channel Theory Based Orthopedic Acupuncture
- Research and Development

Main Research

- 2012 - 2015 Acupuncture for the Management of Paroxysmal Atrial Fibrillation
- 2009 – 2011 Randomized Controlled Trial of Acupuncture for Back and Neck Pain in an Emergency Room Setting (ABNP) .
- 2008 – 2010 The Effect of a Complementary Multidisciplinary Program on Blood Pressure in Hypertensive Patients - completed Randomized Controlled Trial.

Public Activities

- 2010 -2011 Elected Board Member of the Israeli Association of Traditional Chinese Medicine

- 2008 – 2012 Founder and academic organizing committee member of annual symposia on Drug, Herb and Supplement Interactions.

Continuing Education

- 2008 – Health Care and technological Innovation – The Loeon Recanati School of Business Management, Tel Aviv University, Israel
- 2007 – Research Grant Submission and Management – GCP clinical trials, Limited. Israel
- 2006 – Conducting Clinical Trials according to GCP guidelines – GCP clinical trials, Limited. Israel
- 2006 – Effective Clinical Trials – design statistics and reporting - GCP clinical trials, Limited. Israel

Clinical Internships

- 2000 – 2001 Clinical Internship – National Center for Integrated Cardiology, Xiyuan Hospital, Beijing, China under supervision of Dr. Shi Dazhuo and Prof. Chen Keji
- 1999-2000 Clinical Internship in Acupuncture and Channel Theory with Prof. Dr. Wang Ju Yi. Los Altos, California and Beijing, China.
- 2000 Clinical Research Internship – California Pacific Medical Center. Post Stroke Rehabilitatio. San Francisco, California.
- 1998-1999 Clinical Internship in private Clinic of Dr. Yueru Wu. Mountain View, California

Teaching Positions

- 2012-2014 – Adjunct lecturer-School Pharmacy, Hadassah Faculty of Medicine, Hebrew University of Jerusalem. Course : Herbal Agents, Medicinal Plants and Spices
- 2005-2013 - Adjunct Lecturer– School of Life Sciences, Faculty of Natural Sciences, Bar Ilan University, Israel. Course : Medicinal Herbs and Spices
- 2005-2008 - Adjunct Lecturer– School of Nutrition, Faculty of Agriculture, The Hebrew University of Jerusalem, Israel. Course : Herbal Agents, Medicinal Plants and Spices
- 2003-2005 – Senior Lecturer, Minhal College, School of Complementary Medicine. Courses: 'Traditional Chinese Internal Medicine', 'Clinical Case Report Analysis', 'Integrated Internal Medicine Practicum' – Department of Internal Medicine A, Asaf Harofeh Medical center.
- 2001-2003 – Senior Lecturer, Genesis College of Chinese Medicine. Courses: 'Fundamentals of TCM Theory'. 'Differential Diagnosis in Internal TCM'.
- 1999-2000 – Lecturer, American College of Traditional Chinese Medicine . Course: Preparations for Comprehensive examination.

Conferences, Plenary or Invited Talks

1. 2020 – ICCM, Israel – Anxiety and Fright Palpitations – A common complaint with viable solutions
2. 2019 - Rothenburg Germany – 'Magical Point Combinations for Insomnia that Actually Work'
3. 2019 - Rothenburg Germany – 'You Are Saving Lives Every Day – Acupuncture for Arrhythmia and Cardiovascular Prevention'

4. 2018 – Reading, UK, AACP Conference
5. 2018 – Coventry, UK, BaCC Conference – Acupuncture for Arrhythmia and Palpitations
6. 2016 – ICCM Israel – The Metabolic Syndrome – A Six Channel Approach
7. 2015 - ICCM Science Day. TCM Research Overview, Young Researchers Award
8. 2014 - AACP Conference UK. The Use of Acupuncture in the A&E.
9. 2014 - Rothenburg Germany. TCM for Cardiology, High Blood Pressure and Hypercholesterolemia
10. 2014 - Rothenburg Germany. Emergency Room Acupuncture: Meridian Wave Acupuncture in an ER Randomised Controlled Trial.
11. 2013 – ECIM 2013 – 6th European Society for Integrative Medicine. The CALM BP multifactorial lifestyle intervention study for High Blood Pressure. Berlin Germany.
12. 2013 – ARRC Symposium – Acupuncture Research Resource Center. Emergency Room Acupuncture. Meridian Wave Acupuncture in an ER randomised Controlled Trial. London GB.
13. 2012 – ECIM 2012 - 5th European Society for Integrative Medicine. A Randomised Controlled Trial of an Integrative approach utilising Acupuncture for back and neck pain in an Emergency department setting. Florence, Italy.
14. 2012 – Strategies for Forming an Integrative Clinic Inside a Major Healthcare Hospital. TCM Kongress, Rothenburg o.d.T, Germany.
15. 2012 – Channel Theory and Clinical Applications for Internal Disorders and Pain Management. TCM Kongress, Rothenburg o.d.T, Germany.
16. 2012 - Practical Channel Theory Applications for Acupuncture in Pain Management. International Lectures, Nieuwegein, Netherlands
17. 2011- Advances in research and development on Chinese herbal agents for chronic stable angina. Asaf Harofe Medical Center. Third Annual Symposium on Drug, Herb and Supplement Interactions
18. 2011 –Integration or Interaction – Combining Herbals, Supplements and drugs. Israeli Medical Convention – Jerusalem.
19. 2010 – Chinese Medical Channel Theory – Strategies for Orthopedic Acupuncture. The Jerusalem International Conference on Integrative Medicine
20. 2010 – Unique strategies for pain management utilizing Chinese Herbal Medicine. Annual Symposium of Eilam – The Israeli Association of Herbal Medicine.
21. 2009 – Meridian Acupuncture Orthopedic Techniques. Macabi Tivi Annual Symposium.
22. 2009 – Evidenced Based Complementary Medicine Treatment for Cardiovascular Disorders. The Israeli Symposium of Integrative Medicine – Haifa, Israel.
23. 2008 – How Common is the Phenomena? – Prevalence and trends in the use of Dietary supplements in Israel. First annual symposium on Drug, Herb and Supplement Interactions. Zerefin, Israel.

24. 2008 – The Heart of Integration – Combining Chinese Herbal Agents with Drugs in Cardiovascular Patients. First annual academic symposium on Drug, Herb and Supplement Interactions., Zerefin, Israel.
25. 2008 – Heart Matters – Cardiovascular Research on TCM applications. Symposium of The Israeli Association of Traditional Chinese Medicine.Tel-Aviv, Israel.
26. 2008 – Research and development in the field of traditional Chinese Medicinal Herbs - Annual Symposium of Eilam – The Israeli Association of Herbal Medicine. Beit-Dagan, Israel.
27. 2008 – Effect of a Comprehensive Multidisciplinary Lifestyle Modification Program on Blood Pressure Levels and Medication Control – Poster presentation in 'EuroPrevent', Conference of the European Association for Cardiovascular Prevention & Rehabilitation. Paris, France.
28. 2005 – The Heat Syndrome as a Pathological Imbalance – Similarities and Differences East vs. West. Joint meeting of the Israeli Association of TCM and The Israeli Association of Herbal Medicine. Tel-Aviv, Israel.
29. 2004 – Far Eastern Herbal Strategies for the Treatment of Cardiovascular Disorders - The Israeli Association of Herbal Medicine. Beit Dagan, Israel.

Seminars, classes, and workshops:

1. 2019 – Bonn, Germany. [Meridian Wave Acupuncture](#)
2. 2019 – Krakow, Poland. [Meridian Wave Acupuncture](#)
3. 2018 – Dublin Ireland. [Advanced Meridian Wave](#).
4. 2018 – London, UK. [Meridian Wave Acupuncture/Advanced Meridian Wave](#)
5. 2017 – Dublin Ireland . [Meridian Wave Acupuncture](#)
6. 2016 – EIOM – Munich Germany - . [Meridian Wave Acupuncture](#)
7. 2015 - International lectures, Holland. [Meridian Wave Acupuncture](#)
8. 2015 - International Lectures, Holland. [Master the Wave](#).
9. 2015 - International Lectures, Holland. [Advanced Meridian Wave](#).
- 10.2015 - International Lectures, Holland. [Practice Your Clinic](#).
- 11.2015 - International Lectures, Holland. [Masters Class](#).
- 12.2014 - International Lectures, Holland. [Advanced Meridian Wave](#).
- 13.2014 - International Lectures, Holland. [Pinned to the Point](#)
- 14.2014 - AACP CPD course, London UK. Acupuncture Channel Theory Applications for Orthopedic Conditions
15. 2013 - Berlin, Germany. Calm BP lifestyle Modification System: The Diet Plan

Management Positions in Symposia and conferences

- 2012 - 2021 Academic organizing committee member if the ICCM - International Conference of Chinese Medicine
- 2012 - 2015 Founder co Chair of ICCM Science Day

- 2011 – 2013 Founder and academic organizing committee member. 'Combining Herb and Supplements with Drugs in Cardiovascular Health'
- 2010 – Founder and academic organizing committee member. 'The Concomitant Use of Drugs, Herbs and Supplements in Women's Health'
- 2008 – Founder and academic organizing committee member. 'Herbal Remedies, Dietary Supplements and Drugs – The Pros and Cons of Concomitant Use'
- 2010 and 2013 Academic Organizing Committee member of the ICCM – The International Congress of Chinese Medicine – Israel
- 2010 and 2011 Academic Organizing Committee member of the Jerusalem International Conference on Integrative Medicine.

Membership in Professional Societies

- Israeli Association of Traditional Chinese Medicine
- The Israeli Society for Complementary Medicine - Israel Medical Association
- Israel Heart Society - Working Group on Cardiac Rehabilitation
- European Association for Cardiovascular Prevention and Rehabilitation
- California Acupuncture Board Licensed Acupuncturist and Herbalist

Honors and Scholarships

- 2015 – 2016 'Forbs' Israel – Elected for Best Acupuncture & Chinese Medicine practitioners list
- 2010 – 2012 "The Best Professionals" – Elected among top Chinese Medicine practitioners in Israel for Academic merit, practice and research. Maariv publishing house, Tel- Aviv, Israel
- 1998 – Harris scholarship award for Academic Excellence, leadership and service in TCM. American College of Traditional Chinese Medicine. San Francisco, California.
- 1987 – Graduation with honors - 'Excellence Student'. IDF paramedic course, Zerifin, Isarel.

Community Work

- 2008 – Present – Founder of a Pro Bono Community Acupuncture Clinic for Holocaust survivors. Rehovot, Israel.
- 1999 – Internship in ACTCM Community Clinic for HIV patients. San Francisco, California.

Publications

1. Ziv A, Moritz Y, Almog G, Fromm A, Polak G, Mirovski S, Bar Haim S. A Randomised Controlled Trial of an Integrative Approach Utilizing Acupuncture for Back and Neck Pain in an Emergency Department Setting. *European Journal of Integrative Medicine* 2012; Vol.4. Supplement 1, p 23-24.
2. Ziv A, Vogel O, Keret D, Pintov S, Bodenstien E, Wolkomir K, Doenyas K, Mirovski Y, Efrati S. Comprehensive Approach to Lower Measured Blood Pressure (CALM BP)- A Randomized Controlled Trial of a Multi Factorial Lifestyle Intervention. *Journal of Human Hypertesion*. 27(10):594-600; 2013 Apr.18
3. Moritz Y., Ziv A.; Algorithm for The Use of Complementary Medicine for the Treatment of Osteoarthritis of the Knee. *Medicine Orthopedics J*. Vol.2 March 2010

4. Ziv A, Goldstein L , Sandhaus Y, Pintov S, Berkovitch M, Golik A. Medicinal Herbal Agents that may Effect Blood Pressure. Isr J of Hypertension. Jan 2008
5. Ziv A, Effrati S., Effect of a Comprehensive Lifestyle Modification Program on Blood Pressure Levels and Medication Control; Proceedings: Eur J Cardiovasc Prev Rehabil, 2008
6. Ziv A. Qi Hua Theory and its Clinical Applications. China Seal Journal of Chinese Medicine. Vol 3, 2007
7. Ziv A. Treasures Pain and Herbal Agents. Zen Herbs Journal. Mar 2007
8. Ziv, A., Sod-Moriah, V.A., Van Creveld, C. and Yagil, R. Is water restriction a stress for camels (Camelus dromedonius)? Camel Practice Res. 1997, 4:217-221.

Books and Chapters

1. Ziv. A, Belo. T. Complementary Medicine and Acupuncture. Chapter in G. Ekstein, Risen, Fallen and Risen Again –A Guide to Stroke Survivors (Hebrew). 2007, Israel.
2. Ziv A, Tang N, Gamgoneishvilli Y, Holman CT, Chiu S. Academic advising and editing team of Robertson J, Wang J Y. Applied Channel Theory in Chinese Medicine. 2008. Eastland Press, Seattle, USA.
3. Ziv A, Chen H. Clinical Manual of Orthopedic Acupuncture – Channel Theory Applications. (in editing).

Talks Given in academic institutions and hospitals:

1. 2013 - The CALM BP multifactorial lifestyle intervention study. Chrite University Hospital, Berlin Germany.
2. 2011 – Traditional Chinese Herbal Agents in the Treatment of Cardiovascular Disorders. School of Nutrition, Faculty of Agriculture, The Hebrew University of Jerusalem, Israel.
3. 2011 - Traditional Chinese Herbal Agents – Magic, Myth or Science. School of Life Scinces, Fculty of Natural Sciences, Bar Ilan University, Israel.
4. 2008 - The Role of Complementary Medicine in the treatment of Cardiovascular Disorders. Department of Cardiology, Sourasky Medical Center, Tel Aviv, Israel.
5. 2007 – Effect of Acupuncture on Patients with Hypertension. Department of Internal Medicine A, Asaf Harofeh medical Center, Zerifin, Israel.
6. 2007 - Effect of Omega 3 fatty Acids in Conjunction with Statain Therapy on Lipid Levels, Cardiovascular Mortality and Morbidity (JELIS Study). Department of Cardiology, Asaf Harofeh Medical Center, Zerrifin, Israel.
7. 2006 - Chinese Medicine as an Adjuvant Therapy in Cardiovascular Rehabilitation. Department of Cardiovascular Rehabilitation, Sheba - Tel Hashomer Medical Center, Tel Hashomer, Israel.
8. 2006 – Chinese Herbal Medicine – Myth or Science. Sackler School of Medicine, Tel Aviv University.
9. 2005 – Effect of Chinese Acupuncture of Patients with Angina Pectoris. Department of Internal Medicine A, Asaf Harofeh Mecical Center, Zerifin, Israel.

10. 2005 – Chinese Medicine as an Adjuvant Therapy in Stroke Rehabilitation. Bet Levenstein Rehabilitation Hospital, Raanana, Israel.
11. 2004 - Effect of Crataegus Extract in the Treatment of Congestive Heart Failure. Department of Internal Medicine A, Asaf Harofeh Medical Center, Zerifin, Israel.